

SUBURBS RUGBY PRESENTS



Quick Hands, Quick Feet, Quick Ball

A fast paced inovative new game that will test all your skills!

Q-ball is a hybrid game from the mould of AFL, Rugby, Soccer, TAG & Touch, the perfect game for developing a broad range of skills and fitness.

Competition starts :

Date: Friday 6th November 2009,

Time: 6:30 pm

Shadbolt Park, New Lynn

for more information contact

Mike Perez 0212161359; mike.perez@kineticsports.org; rdo@suburbsrugby.co.nz